

VTMHI Pre-Licensed Mental Health Provider (Clinical Supervisee)

(Volunteer position – unpaid)

Summary

The volunteer clinical supervisee will deliver telemental health services to clients in the Virginia Telemental Health Initiative, including assessment, treatment planning, and individual therapy sessions. Group and individual clinical supervision will be provided at no cost to volunteers in an effort to accelerate the path to licensure.

Responsibilities and Duties

- Complete patient assessment and develop an individualized treatment plan
- Provide telemental health counseling using evidence-based and trauma-informed approaches to care
- Attend and participate in regular clinical supervision as is consistent with licensure requirements
- Maintain all required licensure documentation
- Complete required documentation in telehealth platform/electronic health record in accordance with VTMHI policies, best practices, and professional standards
- Provide crisis intervention as needed
- Participate in care coordination with other professionals as needed to ensure that clients receive needed services and integrated care
- Attend required education sessions
- Participate in clinic offerings as appropriate and able (e.g., case consultations, staff meetings)
- Provide a minimum of three (3) hours of direct service per week (approximately five (5) volunteer service hours total per week, including supervision and documentation time)
- Complete all required volunteer paperwork and onboarding
- Adhere to professional ethics and codes of conduct

Qualifications

- Education: Master's degree in social work, counseling, or marriage and family therapy
- Actively working towards licensure in the Commonwealth of Virginia (completed necessary paperwork)
- Able to commit to at least six (6) months of volunteer service and a minimum of approximately five (5) hours of work per week, including at least three (3) direct service hours
- Background and National Practitioner Data Bank (NPDB) checks

Additional Competencies

- Excellent written and verbal communication skills
- Ability to receive feedback and constructive criticism well; ability to resolve conflicts
- Willingness to maintain open communication with program staff and clinical team and ask for help as needed
- Able to adapt to process changes
- Willingness to learn and adapt to new technologies and use only the electronic health record and telehealth platform provided
- Commitment to providing exceptional care with demonstrated knowledge and sensitivity related to anti-racism, social justice, multicultural issues, and ability to interact effectively with diverse individuals and groups
- A heart for and commitment to caring for Virginia's medically underserved
- Curiosity for learning and growing and excitement for being an active part of Virginia's mental health safety net

About VTMHI

The **Virginia Telemental Health Initiative (VTMHI)** is a 501c3 nonprofit and first-of-its-kind statewide virtual free mental health clinic. We provide telemental health services to un- and under-insured patients by collaborating with Virginia's free and charitable clinics and pre-licensed mental health providers in the process of completing licensure.

Our mission is twofold: to expand access to mental health services for <u>ALL</u> Virginians in need, and to fortify the mental health workforce by dismantling barriers to licensure. We strive to create a future where mental health is accessible, inclusive, and supported by a diverse workforce.

Under the leadership of the <u>Virginia Telehealth Network</u>, this program is made possible thanks to the collaboration of the Virginia Department of Behavioral Health and Developmental Services, the Virginia Association of Free and Charitable Clinics, the University of Virginia Karen S. Rheuban Center for Telehealth, and the Mid-Atlantic Telehealth Resource Center.

More information about the program can be found at <u>www.virginiatelementalhealth.org/aboutus</u>

Please visit <u>https://virginiatelementalhealth.org/pre-Imhp/</u> to learn more and apply.

If you have any questions regarding this volunteer opportunity or the Virginia Telemental Health Initiative, please contact us at <u>vtmhi@ehealthvirginia.org</u>.