

## VTMHI Volunteer Pre-Licensed Mental Health Provider

(Volunteer position – unpaid)

### Summary

The volunteer pre-licensed mental health provider will deliver telemental health services virtually to clients in the Virginia Telemental Health Initiative, including assessment, treatment planning, and individual therapy sessions. Group and individual clinical supervision will be provided for volunteers in an effort to accelerate the path to licensure.

# **Responsibilities and Duties**

- Complete patient assessment and develop an individualized treatment plan
- Provide telemental health counseling using evidence-based and trauma-informed approaches to care
- Attend and participate in regular clinical supervision as is consistent with licensure requirements
- Maintain all required licensure documentation
- Complete required documentation in telehealth platform (and potentially the electronic health record) in accordance with VTMHI and clinic policies, best practices, and professional standards
- Provide crisis intervention as needed
- Participate in care coordination with other professionals as needed to ensure that clients receive needed services and integrated care
- Attend required education sessions
- Participate in clinic offerings as appropriate and able (e.g., case consultations, staff meetings)
- Provide a minimum of three (3) hours of direct service per week (approximately five (5) volunteer service hours total per week, including supervision and documentation time)
- Complete all required volunteer paperwork and onboarding
- Adhere to professional ethics and codes of conduct
- Register as a volunteer and complete onboarding with assigned clinic for liability coverage

#### Qualifications

- Education: Master's degree in Social Work or Counseling
- Actively working towards licensure in the Commonwealth of Virginia (completed necessary paperwork)
- Able to commit to at least six (6) months of volunteer service and a minimum of approximately five (5) hours of work per week, including at least three (3) direct service hours
- Completed volunteer application
- Background and National Practitioner Data Bank (NPDB) checks

## **Additional Competencies**

- Excellent written and verbal communications skills
- Ability to receive feedback and constructive criticism well; ability to resolve conflicts
- Willingness to maintain open communication with program and clinic staff and ask for help as needed
- Able to adapt to changes in process
- Willingness to learn and adapt to new technologies
- Demonstrated knowledge and sensitivity related to anti-racism, social justice, multicultural issues, and ability to interact effectively with diverse individuals and groups
- A heart for and commitment to caring for Virginia's medically underserved
- Curiosity for learning and growing and excitement for being an active part of Virginia's mental health safety net

#### **About VTMHI**

The Virginia Telemental Health Initiative (VTMHI) is a pilot program that aims to expand access to timely and appropriate telemental health services to Virginians with lower incomes, who are medically underserved, and who are un- or under-insured by collaborating with Virginia's free and charitable clinics and mental health providers who are in the process of meeting their licensure requirements.

To help accelerate licensure, VTMHI matches pre-licensed mental health providers with clinical supervisors to achieve needed client contact hours while providing pro-bono support in free and charitable clinics – a win-win-win for patients, providers-in-training and clinics! In addition, a robust curriculum of training and educational resources regarding telehealth will be available at no cost to help prepare Virginia's future providers to be best equipped to serve the needs of Virginians.

More information about this pilot can be found at <a href="www.virginiatelementalhealth.org">www.virginiatelementalhealth.org</a>.

Please visit <a href="https://virginiatelementalhealth.org/pre-lmhp/">https://virginiatelementalhealth.org/pre-lmhp/</a> to learn more and apply.

If you have any questions regarding this volunteer opportunity or the Virginia Telemental Health Initiative, please contact Ellen Costlow at <a href="mailto:ellen@ehealthvirginia.org">ellen@ehealthvirginia.org</a>.